

| M   | T  | W   | Th   | F  | Sa  | Su   |
|---|--|---|--|--|---|--|
|   |  |   |  |  | 9.45 - 10.45am<br><b>Kids Aerial Dance 2</b><br>Ages 8-14 Liz M   | 9.45 - 10.45am<br><b>Kids Circus Playground</b><br>Ages 6-12 Liz M |
| 10.45 - 12pm<br><b>Hammock Playground 101</b><br>Tingting H | 10.45 - 12pm<br><b>Aerial Yoga 2</b><br>Amanda McD           | 10.45 - 12pm<br><b>Aerial Yoga 1</b><br>Kristina CS             | 10.45 - 12pm<br><b>Aerial Yoga 2</b><br>Amanda McD                 | 10.45 - 12am<br><b>Hammock Playground 1</b><br>Kristina CS | 11 - 12.15pm<br><b>Aerial Yoga 1</b><br>Cassandra J               | 11 - 12.15pm<br><b>Hammock Playground 2 &amp; Up</b><br>Liz M      |
| 12.15 - 1.30<br><b>Aerial Yoga 2/3</b><br>Brenna B          | 12.15 - 1.30pm<br><b>Aerial Yoga Core</b><br>Monica P        | 12.15 - 1.15pm<br><b>Aerial Barre Fitness</b><br>Helene K       | 12.15 - 1.15pm<br><b>CIRCUS Single Point Hammock</b><br>Samantha M | 12.15 - 1.30pm<br><b>Aerial Dance 1</b><br>Kristin C       | 12.30 - 1.30pm<br><b>Aerial Circus 101</b><br>Fran S              | 12.30 - 1.30pm<br><b>Aerial Circus 101</b><br>Liz M                |
|   |  |   | 12.15 - 1.15pm<br><b>CIRCUS Silks</b><br>Fran S                    |  |   |  |
| 1.45 - 2.45pm<br><b>Aerial Circus 101</b><br>Emily H        | 1.45 - 2.45pm<br><b>CIRCUS Lyra</b><br>Kira F                | 1.30 - 2.30pm<br><b>CIRCUS Silks</b><br>Megan H                 |  | 1.45 - 3.45pm<br><b>CIRCUS Open Workout</b>                |   |  |
|   |  | 1.30 - 2.30pm<br><b>CIRCUS Single Point Hammock</b><br>Brenna B |  |  |   |  |
| 2.45 - 4.15pm<br><b>CIRCUS Open Workout Express</b>         |  | 2.45 - 4.15pm<br><b>CIRCUS Open Workout Express</b>             |  |  |   |  |
| 4.30 - 5.45pm<br><b>Aerial Yoga 2</b><br>Janie P            | 4 - 5pm<br><b>Kids Hammock Playground</b><br>Ages 6-12 Liz M |   | 4 - 5pm<br><b>Kids Circus Playground 2</b><br>Ages 6-12 Liz M      | 4 - 5.15pm<br><b>Handstands 101</b><br>Jan M               | 4.15 - 5.30pm<br><b>Aerial Yoga 3</b><br>Amanda McD               | 4 - 5.15pm<br><b>Aerial Yoga 1</b><br>Maisah H                     |
| 6 - 7.15pm<br><b>Aerial Dance</b><br>Samantha M             | 5.45 - 7pm<br><b>Hammock Playground 2 &amp; Up</b><br>Liz M  | 5.45 - 7pm<br><b>Aerial Yoga Core</b><br>Monica P               | 5.45 - 7pm<br><b>Aerial Yoga 2</b><br>Maisah H                     | 5.45 - 7pm<br><b>Aerial Yoga 2/3</b><br>Kristin C          | 6 - 7pm<br><b>CIRCUS Lyra</b><br>Liz M                            | 5.30 - 6.45pm<br><b>Aerial Yoga 2</b><br>Laura T                   |
|   |  |   |  |  | 6 - 7pm<br><b>CIRCUS Single Point Hammock</b><br>Laura T          |  |
| 7.30 - 8.45pm<br><b>Aerial Yoga 1</b><br>Kevin B            | 7.15 - 8.30pm<br><b>Aerial Dance 2</b><br>Brenna B           | 7.15 - 8.30pm<br><b>Aerial Yoga 3</b><br>Amanda M               | 7.15 - 8.30pm<br><b>Aerial Dance 3</b><br>Kyla R                   | 7.15 - 8.30pm<br><b>Aerial Dance</b><br>Kristin C          | 7.15 - 8.15pm<br><b>Aerial Dance Performance Series</b><br>Kyla R | 7.15 - 9.15pm<br><b>CIRCUS Open Workout</b>                        |
|   | 8.45 - 9.45pm<br><b>CIRCUS Lyra</b><br>Brenna B              | 8.45 - 9.45pm<br><b>Aerial Circus 101</b><br>Fran S             |  |  |   |  |
|   | 8.45 - 9.45pm<br><b>CIRCUS Silks</b><br>Nolan M              |   |  |  |   |  |

**MARCH @  
UNION SQUARE 2FL**



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All classes are Open Level unless otherwise noted.

= New Class