

**M****T****W****R****F****SA****SU**

MAY 2021 / omfactory.yoga

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KIDS  
 AERIAL  
 Coming  
 Soon!

KIDS  
 AERIAL  
 Coming  
 Soon!

All  
 classes are  
 Open Level  
 unless  
 otherwise  
 noted.



10:30  
**HAMMOCK  
 PLAY  
 GROUND 2+**  
 11:45 Katrina

Workshops  
 Privates

AERIAL  
 YOGA  
 Coming  
 Soon!

12:30  
**AERIAL  
 YOGA 2**  
 1:45 Amanda

12:30  
**AERIAL  
 YOGA 1**  
 1:45 Aysa

12:30  
**AERIAL  
 YOGA 2**  
 1:45 Amanda

AERIAL  
 YOGA  
 Coming  
 Soon!

12:30  
**CIRCUS  
 SILKS**  
 1:30 Fran

12  
**CIRCUS  
 SILKS 2**  
 1:15 Fran

2:45  
**OPEN  
 WORK  
 OUT**  
 3:30 Eva

Workshops  
 Privates

Workshops  
 Privates

3:45  
**OPEN  
 WORK  
 OUT**  
 4:30 Eva

KIDS  
 CIRCUS  
 Coming  
 Soon!

KIDS  
 CIRCUS  
 Coming  
 Soon!

KIDS  
 CIRCUS  
 Coming  
 Soon!

Workshops  
 Privates

Workshops  
 Privates

4:45  
**OPEN  
 WORK  
 OUT**  
 5:30 Eva

3:45  
**AERIAL  
 YOGA 1**  
 5 Tingting

3:45  
**AERIAL  
 YOGA 1**  
 5 Kristin

5:45  
**AERIAL  
 YOGA 1**  
 7 Kevin

5:45  
**AERIAL  
 YOGA 1**  
 7 Tingting

5:45  
**AERIAL  
 YOGA 1**  
 7 Kevin

5:45  
**CIRCUS  
 SILKS 1**  
 7 Fran

5:45  
**AERIAL  
 DANCE 1**  
 7 Kristin

5:30  
**OPEN  
 WORK  
 OUT**  
 6:15 Eva

5:30  
**AERIAL  
 DANCE 2**  
 6:45 Kristin

7:30  
**CIRCUS  
 BUNGEE 1**  
 8:45 Hannah

7  
**ACROYOGA  
 WORKOUT**  
 -- Bassam

7:30  
**AERIAL  
 CORE**  
 8:45 Amanda

7:30  
**CIRCUS  
 LYRA 1**  
 8:45 Laura

7:30  
**CIRCUS  
 LYRA 1**  
 8:45 Fran

6:30  
**OPEN  
 WORK  
 OUT**  
 7:15 Eva

7  
**OPEN  
 WORK  
 OUT**  
 7:45 Kristin

--  
**ACROYOGA  
 WORKOUT**  
 10 Bassam

7:30  
**OPEN  
 WORK  
 OUT**  
 8:15 Eva

8  
**OPEN  
 WORK  
 OUT**  
 8:45 Kristin