

M**T****W****R****F****SA****SU**

SEPT 2022 / omfactory.yoga

873 Broadway
@ 18th Street
2nd floor
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info@
omfactory.yoga

Classes
are
Open Level
if not
otherwise
noted.

9:15

**KIDS
AERIAL
HAMMOCK**

10

Izzy

10:30

**AERIAL
HAMMOCK
TRICKS 1**

11:45 Coco**10:30**

**AERIAL
DANCE 101
CC**

11:45 Izzy**10:30**

**AERIAL
YOGA 1
CC**

11:45 Marisa**10:30**

**AERIAL
HAMMOCK
TRICKS 2/3**

11:45 Mae**10:15**

**AERIAL
YOGA 1**

11:30 Mei Kei**12:30**

**AERIAL
YOGA 1**

1:45 Janie**12:30**

**AERIAL
HAMMOCK
TRICKS 2/3**

1:45 Amanda**12:30**

**AERIAL
YOGA 1**

1:45 Kevin**12:30**

**AERIAL
HAMMOCK
TRICKS 2/3**

1:45 Amanda**12:30**

**AERIAL
YOGA 1**

1:45 Monica**12:30**

**CIRCUS
SILKS**

1:45 Fran**12**

**CIRCUS
SILKS**

1:15 Fran**2:15**

**OPEN
WORK
OUT**

3:45**2:15**

**SPIN
WITH
STYLE**

3:30 Izzy**2**

**OPEN
WORK
OUT**

4**2:15**

**AERIAL
HAMMOCK
Tricks+Flow**

3:30 Barbara**2:15**

**AERIAL
YOGA 1**

3:30 Tingting**4:15**

**KIDS
Silks +
Hammocks**

5:15 Shayna**4**

**AERIAL
YOGA 2**

5:15 Janie**4:15**

**AERIAL
YOGA 2**

5:30 Barbara**4:15**

**KIDS
SILKS +
LYRA**

5:15 Fran**4**

**AERIAL
DANCE 1**

5:15 Kristin**4**

**AERIAL
HAMMOCK
TRICKS 3**

5:15 Amanda**4**

**AERIAL
YOGA 1**

5:15 Kristin**5:45**

**AERIAL
YOGA 1**

7 Kevin**5:45**

**AERIAL
YOGA 1**

7 Janie**5:45**

**AERIAL
YOGA 1**

7 Isa**5:30**

**KIDS
Silks +
Hammocks 2**

6:30 Shayna**5:45**

**AERIAL
DANCE**

7 Kristin**5:45**

**AERIAL
YOGA 2**

7 Janie**5:45**

**AERIAL
DANCE**

7 Kristin**7:30**

**CIRCUS
SILKS 2**

8:45 Shayna**7:30**

**Standing
Acrobatics**

9 Shaina + Brian**7:30**

**AERIAL
CORE**

8:45 Amanda**7:30**

**CIRCUS
LYRA**

8:45 Jacob**7:30**

**CIRCUS
BUNGEE**

8:45 Barbara**7:30**

**AERIAL
HAMMOCK
Tricks+Flow**

8:45 Marisa**7:30**

**CIRCUS
LYRA 1**

8:45 Jacob**7:30**

**CIRCUS
SILKS 1**

8:45 Fran

***Community Classes** are taught by new teachers and recent graduates from Om Factory's Aerial Yoga Teacher Training program. Support our new teachers & save up to 50% off regular Aerial Single & 10-Pack class pricing!
CC Class Drop-In / \$25. CC Class 10-Pack / \$200.

9

**ACRO
YOGA
JAM**

10:30 Bassam**9**

**CC AERIAL
HAMMOCK
Tricks+Flow**

10:15 Austin

**VIRTUAL
BUILDING
KEY
>>>>**

