

**M****T****W****R****F****SA****SU**

FEB 2023 / omfactory.yoga

873 Broadway  
@ 18th Street  
2nd floor  
212 353 3500  
info@  
omfactory.yogaClasses  
are  
Open Level  
if not  
otherwise  
noted.

9:15

**KIDS  
AERIAL  
HAMMOCK**

10

Izzy

**VIRTUAL  
BUILDING  
KEY**  
<<<

10:30

**AERIAL  
DANCE 101  
CC**

11:45

Izzy

10:30

**AERIAL  
HAMMOCK  
TRICKS 2/3**

11:45

Mae

10:15

**AERIAL  
YOGA 1**

11:30

Marisa

12:30

**AERIAL  
YOGA 1**

1:45

Janie

12:30

**AERIAL  
HAMMOCK  
TRICKS 2/3**

1:45

Amanda

12:30

**AERIAL  
YOGA 1**

1:45

Barbara

12:30

**AERIAL  
HAMMOCK  
TRICKS 2/3**

1:45

Amanda

12:30

**AERIAL  
YOGA 1**

1:45

Monica

12:30

**CIRCUS  
SILKS**

1:45

Fran

12

**CIRCUS  
SILKS 2+**

1:15

Fran

2

**OPEN  
WORK  
OUT**

4

2

**OPEN  
WORK  
OUT**

4

12:30

**CIRCUS  
LYRA 1**

1:45

Tingting

12

**CIRCUS  
LYRA**

1:15

Jacob

4:15

**Kids Silks  
+Hammocks**

5:15

Shayna

4:15

**KIDS  
Silks+Lyra**

5:15

Fran

4

**AERIAL  
DANCE 101  
CC**

5:15

Jessie

2:15

**AERIAL  
YOGA 1**

3:30

Tingting

4

**AERIAL  
CORE**

5:15

Kristin

5:45

**AERIAL  
DANCE 1**

7

Izzy

5:45

**AERIAL  
YOGA 1**

7

Janie

5:45

**AERIAL  
YOGA 2**

7

Barbara

5:30

**Kids Silks+  
Hammocks  
2**

6:30

Shayna

5:45

**AERIAL  
DANCE**

7

Kristin

4

**AERIAL  
HAMMOCK  
TRICKS 3**

5:15

Amanda

5:45

**AERIAL  
DANCE**

7

Kristin

7:30

**CIRCUS  
SILKS 2**

8:45

Shayna

7:30

**Standing  
Acrobatics**

9

Shaina  
+Brian

7:30

**AERIAL  
CORE**

8:45

Amanda

7

**CIRCUS  
LYRA 2**

8:15

Tingting

7:30

**CIRCUS  
BUNGEE**

8:45

Barbara

5:45

**AERIAL  
YOGA 2**

7

Janie

7:30

**AERIAL  
HAMMOCK  
Tricks+Flow2**

8:45

Marisa

7:30

**CIRCUS  
LYRA 1**

8:45

Jacob

7

**CIRCUS  
SILKS 1**

8:15

Fran

7:30

Feb 11

**Valenthai  
Workshop**Mary+  
Bassam

9

**ACRO  
YOGA  
JAM**

10:30

Bassam

9

**CC AERIAL  
HAMMOCK  
Tricks+Flow**

10:15

Austin

8:30

**ACROYOGA  
Fly + Thai**  
*3rd Thursdays*

10

Mary

**\*Community Classes** are taught by new teachers and recent graduates from Om Factory's Aerial Yoga Teacher Training program. Support our new teachers & save up to 50% off regular Aerial Single & 10-Pack class pricing!  
**CC Class Drop-In / \$25. CC Class 10-Pack / \$200.**