

M**T****W****R****F****SA****SU**

FEB 2023 / omfactory.yoga

873 Broadway
@ 18th Street
2nd floor
212 353 3500
info@
omfactory.yogaClasses
are
Open Level
if not
otherwise
noted.

9:15

**KIDS
AERIAL
HAMMOCK**

10

Izzy

**VIRTUAL
BUILDING
KEY**
<<<

10:30

**AERIAL
DANCE 101
CC**

11:45

Izzy

10:30

**AERIAL
HAMMOCK
TRICKS 2/3**

11:45

Mae

10:15

**AERIAL
YOGA 1**

11:30

Marisa

12:30

**AERIAL
YOGA 1**

1:45

Janie

12:30

**AERIAL
HAMMOCK
TRICKS 2/3**

1:45

Amanda

12:30

**AERIAL
YOGA 1**

1:45

Barbara

12:30

**AERIAL
HAMMOCK
TRICKS 2/3**

1:45

Amanda

12:30

**AERIAL
YOGA 1**

1:45

Monica

12:30

**CIRCUS
SILKS**

1:45

Fran

12

**CIRCUS
SILKS 2+**

1:15

Fran

2

**OPEN
WORK
OUT**

4

2

**OPEN
WORK
OUT**

4

12:30

**CIRCUS
LYRA 1**

1:45

Tingting

12

**CIRCUS
LYRA**

1:15

Jacob

4:15

**Kids Silks
+Hammocks**

5:15

Shayna

4:15

**KIDS
Silks+Lyra**

5:15

Fran

4

**AERIAL
DANCE 101
CC**

5:15

Jessie

2:15

**AERIAL
YOGA 1**

3:30

Tingting

4

**AERIAL
CORE**

5:15

Kristin

5:45

**AERIAL
DANCE 1**

7

Izzy

5:45

**AERIAL
YOGA 1**

7

Janie

5:45

**AERIAL
YOGA 2**

7

Barbara

5:30

**Kids Silks+
Hammocks
2**

6:30

Shayna

5:45

**AERIAL
DANCE**

7

Kristin

4

**AERIAL
HAMMOCK
TRICKS 3**

5:15

Amanda

5:45

**AERIAL
DANCE**

7

Kristin

7:30

**CIRCUS
SILKS 2**

8:45

Shayna

7:30

**Standing
Acrobatics**

9

Shaina
+Brian

7:30

**AERIAL
CORE**

8:45

Amanda

7

**CIRCUS
LYRA 2**

8:15

Tingting

7:30

**CIRCUS
BUNGEE**

8:45

Barbara

5:45

**AERIAL
YOGA 2**

7

Janie

7:30

**AERIAL
HAMMOCK
Tricks+Flow2**

8:45

Marisa

7:30

**CIRCUS
LYRA 1**

8:45

Jacob

7

**CIRCUS
SILKS 1**

8:15

Fran

COMMUNITY CLASSESare taught by new teachers
and recent graduates from
Om Factory's Aerial Yoga
Teacher Training program.
Support our new teachers &
save up to 50% off regular Aerial
Single & 10-Pack class pricing!**CC Class Drop-In / \$25.**
CC Class 10-Pack / \$200.

9

**ACRO
YOGA
JAM**

10:30

Bassam

9

**CC AERIAL
HAMMOCK
Tricks+Flow**

10:15

Austin

8:30

**ACROYOGA
Fly + Thai**
3rd Thursdays

10

Mary

9

*2nd+4th FRI***CC AERIAL
HAMMOCK
Tricks+Flow**

10:15

Austin