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SU



Building Key

873 Broadway  
@ 18th Street  
2nd floor  
212 353 3500  
info@  
omfactory.yoga

7 O/P  
**AERIAL MORNING BLISS**

8:15 Marisa

10:30 O/P  
**INTRO TO AERIAL DANCE**

11:45 Megan

Classes are Open Level if not otherwise noted.

9:30 O/P  
**AERIAL CORE**

10:45 Monica

10:30  
**AERIAL HAMMOCK TRICKS 2/3**

11:45 Mae

10:15  
**AERIAL YOGA 1**

11:30 Marisa

12:30 O/P  
**AERIAL YOGA 1**

1:45 Janie

12:30  
**AERIAL HAMMOCK TRICKS 2/3**

1:45 Amanda

12:30 O/P  
**AERIAL YOGA 1**

1:45 Barbara

12:30  
**AERIAL HAMMOCK TRICKS 2/3**

1:45 Amanda

12:30 O/P  
**AERIAL YOGA 1**

1:45 Monica

12  
**CIRCUS SILKS 1**

1:15 Fran

12  
**CIRCUS SILKS 1+**

1:15 Fran

2  
**OPEN WORK OUT**

4

2 O/P  
**HAND STANDS**

3:15 Ed

2  
**OPEN WORK OUT**

4

2  
**INTRO TO AERIAL STRAPS**

3:15 Ruby

2  
**OPEN WORK OUT**

4

12  
**CIRCUS LYRA 1**

1:15 Jacob

12  
**INTRO TO LYRA**

1:15 Eva

4:30  
**KIDS HAMMOCK OPEN**

5:30 Izzy

4:30  
**KIDS SILKS OPEN**

5:30 Fran

4:30 Tingting  
**KIDS HAMMOCK + LYRA**

5:30 Barbara

4:30  
**KIDS LYRA LEVEL 2**

5:30 Christa

1:45  
**AERIAL YOGA 1**

3 Tingting

4:30  
**KIDS SILKS OPEN**

5:30 Kaitlin

5:45  
**AERIAL STRAPS**

7 Eva

4:30  
**KIDS SILKS LEVEL 2**

5:30 Fran

4:15  
**AERIAL DANCE 1**

5:30 Jesse

5  
**AERIAL HAMMOCK TRICKS 3**

6:15 Amanda

4:30  
**CIRCUS BUNGEE**

5:45 Sammy

5:45  
**AERIAL DANCE**

7 Izzy

6  
**AERIAL YOGA 1**

7:15 Janie

5:45  
**AERIAL POLE**

7 Marshall

6  
**AERIAL HAMMOCK TRICKS**

7:15 Janie

5:45  
**CIRCUS BUNGEE**

7 Barbara

6:30 1st Sat  
**AERIAL HAMMOCK SPIN**

7:45 Katie

6  
**AERIAL DANCE**

7:15 Sammy

7:30  
**CIRCUS SILKS 1**

8:45 Eva

7:30  
**AERIAL DANCE 2**

8:45 Kristin

7:30  
**AERIAL CORE**

8:45 Amanda

7:30  
**CIRCUS LYRA 2**

8:45 Tingting

7:30  
**AERIAL YOGA 1**

8:45 Maisah

6:30 3rd Sat  
**INTRO TO AERIAL DANCE**

7:45 Megan

7:30  
**AERIAL HAMMOCK TRICKS 2**

8:45 Marisa

7:30 O/P  
**HAND STANDS**

8:45 Ed

Off-Peak (O/P)  
Enjoy discounted classes & save!  
Drop-Ins: \$29  
10-Pack: \$270

9:15 O/P  
**AERIAL HAMMOCK TRICKS**

10:30 Lexy

7:30  
**CIRCUS SILKS 1**

8:45 Fran

9:15 O/P  
**AERIAL HAMMOCK TRICKS**

10:30 Marisa



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